Stop variants by stopping the spread

Viruses change (or mutate) all the time. While most changes do not affect how the virus behaves, every time a virus makes a copy of itself (or replicates) it has the potential to produce a variant virus that can spread more easily, cause more severe disease, or resist the body's ability to fight them naturally or with vaccination. The best way to stop new variants from emerging is to stop the virus from spreading within our communities.

Just as we are working to fight the COVID-19 pandemic, emerging variants are threatening progress. If one of the variants is able to evade the vaccine, our progress will be slowed or potentially reversed. Our window of opportunity to halt the pandemic is now.

Three SARS-CoV-2 variants in particular have concerned global public health and healthcare leaders to date. This week, CDC published three reports on two of the variants. Data from two new MMWR reports highlight how these variants present challenges both in the United States and internationally. One report showed that people in Minnesota with no recent travel to the United Kingdom (U.K.) were infected with the B.1.1.7 variant, first detected in the U.K. late last year. Another report found sharp increases in COVID-19 cases in Zambia that corresponded with an increase in infections caused by the variant that recently emerged in South Africa (the B.1.351 variant).

By the time a variant is detected in a community, it may already be spreading. Proven strategies to prevent spread can limit the impact of these variants. We can stop variants by decreasing cases. Everyone should wear a well-fitting mask and follow CDC’s prevention recommendations.

SARS-CoV-2 Variants

Three SARS-CoV-2 (the virus that causes COVID-19) variants of concern have been detected in the United States: B.1.1.7, B.1.351, and P.1.

The B.1.1.7 variant was first detected in the United Kingdom in December 2020 and likely first emerged there in September 2020. Colorado reported the first U.S. case of the B.1.1.7 variant in late December 2020. Since then, B.1.1.7 has been detected in at least 42 jurisdictions. Preliminary data from the United Kingdom suggest that the B.1.1.7 variant spreads more easily and may cause more severe disease than previous variants of SARS-CoV-2.1

The B.1.351 variant was first detected in the Republic of South Africa in December 2020, and likely first emerged there in October 2020. At
least 35 countries, including the United States, have detected COVID-19 cases of infection with the B.1.351 variant. The first detected U.S. cases of infection with the B.1.351 variant occurred in South Carolina and Maryland in late January 2021 and have now been documented in at least 10 jurisdictions. Some data suggest that people previously infected with SARS-CoV-2 may have less immune protection if they are re-infected with the B.1.351 variant.

The P.1 variant was first detected in Japan in travelers from Brazil in January 2021. Minnesota reported the first U.S. case of infection with the P.1 variant in January 2021 and P.1 has now been identified in Oklahoma, Maryland, and Florida.

Modeling data have shown that a more contagious variant could lead to more cases, which would worsen the U.S. pandemic and reverse the recent decreases in numbers of new COVID-19 cases reported.5

A total of 1,523 B.1.1.7 variant cases have been reported in 42 jurisdictions. Twenty-one cases with B.1.351 in 10 jurisdictions and five cases with P.1 in four other states have also been detected in the United States. CDC and partners are increasing the numbers of specimens sequenced in laboratories around the country. The number of variants reported will likely increase as more specimens are sequenced and if the frequency of variants increases. Studies to determine whether variants cause more severe illness or are likely to evade immunity are underway.

### Reported Cases

There has been a five-week downward trend in cases. The highest 7-day moving average occurred on January 11, 2021 and was 249,048. The current 7-day average is 77,385 cases, which is a 68.9% decline. The 24.5% decrease in the 7-day average number of daily cases reported compared with the prior week also provides an encouraging sign of recent progress. Even with these declines, however, the 69,165 cases reported on February 17 remains higher than what was seen during either of the first two peaks in the pandemic.

<table>
<thead>
<tr>
<th>Variant</th>
<th>Reported Cases in US</th>
<th>Number of States with ≥1 Case Reported</th>
</tr>
</thead>
<tbody>
<tr>
<td>B.1.1.7</td>
<td>1,523</td>
<td>42</td>
</tr>
<tr>
<td>B.1.351</td>
<td>21</td>
<td>10</td>
</tr>
<tr>
<td>P.1</td>
<td>5</td>
<td>4</td>
</tr>
</tbody>
</table>

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**Daily Trends in COVID-19 Cases in the United States Reported to CDC**

- 7-Day moving average

69,165 New Cases

77,385 Current 7-Day Average

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Testing
Percent positivity continues to decline. The 7-day average of percent positivity from RT-PCR tests is now 5.9%. Six states or territories remain over 10% positivity. The 7-day average test volume for February 5–11, 2021 was 1,221,104, down 16% from 1,452,976 the prior 7 days.

Vaccinations
The U.S. COVID-19 Vaccination Program began December 14. As of February 18, 2021, 57.7 million vaccine doses have been administered. Overall, about 41.0 million people have received at least one dose of vaccine, which is 12.4% of the U.S. population, and about 16.2 million people have received two doses of vaccine, which is 4.9% of the U.S. population. As of February 18, the 7-day average number of administered vaccine doses reported to CDC per day was 1.6 million, which was a 1.4% acceleration from the previous week.
New Hospital Admissions

The numbers of new hospital admissions of patients with confirmed COVID-19 have decreased from the national peak of 18,006 admissions on January 5, 2021 to 6,841 admissions on February 16 (a 62% decrease). The average number of daily admissions fell by 21.8% compared to the previous week.

<table>
<thead>
<tr>
<th>New Admissions</th>
<th>6,841</th>
</tr>
</thead>
<tbody>
<tr>
<td>Current 7-Day Average</td>
<td>7,229</td>
</tr>
<tr>
<td>Total New Admissions</td>
<td>1,730,332</td>
</tr>
<tr>
<td>Prior 7-Day Average</td>
<td>9,244</td>
</tr>
<tr>
<td>Peak</td>
<td>18,006</td>
</tr>
<tr>
<td>Change in 7-Day Average</td>
<td>-21.8%</td>
</tr>
</tbody>
</table>

Deaths

Nationally, the number of COVID-19 deaths continue to fluctuate. There were 489,067 total COVID-19 deaths reported with 2,601 new deaths reported as of February 17, 2021. The 7-day average number of new deaths decreased by 9% to 2,708** new deaths per day compared to the previous 7-day period.

<table>
<thead>
<tr>
<th>New Deaths Reported</th>
<th>2,601</th>
</tr>
</thead>
<tbody>
<tr>
<td>Current 7-Day Average**</td>
<td>2,708</td>
</tr>
<tr>
<td>Total Deaths Reported</td>
<td>489,067</td>
</tr>
<tr>
<td>Prior 7-Day Average</td>
<td>2,975</td>
</tr>
</tbody>
</table>
* Highest peak for new deaths in a single day (Feb. 12, 2021). Please reference notes below for more detail.

** The 7-day average number of new deaths is impacted by a historical correction of 1,507 deaths on February 4, 2021 by Indiana, and 3,763 new deaths reported February 12-13, 2021 by Ohio. These reported deaths in Ohio include historical deaths reconciled from November and December. Without these historical corrections, the current 7-day average of new deaths is 2,171.

Recent Publications

1. Notes from the Field: First identified cases of SARS-CoV-2 variant B.1.1.7 in Minnesota — December 2020-January 2021
3. SARS-CoV-2 Variants of Concern in the United States: Challenges and Opportunities
5. Emergence of SARS-CoV-2 B.1.1.7 Lineage — United States, December 29, 2020-January 12, 2021

Notes

**Note on new format:** Effective Friday, February 12, 2021, COVIDView has been replaced with this newCOVID Data Tracker Weekly Review. This new webpage and newsletter include visuals from the week and narrative interpretations using data from CDC's COVID Data Tracker. Additional priority data will be added in future weeks, including race and ethnicity.

The Coronavirus Disease 2019 (COVID-19)-Associated Hospitalization Surveillance Network (COVID-NET) is an additional source for hospitalization data collected through a network of over 250 acute-care hospitals in 14 states (~10% of the U.S. population). Detailed data on patient demographics, including race/ethnicity, underlying medical conditions, medical interventions, and clinical outcomes, are collected using a standardized case reporting form.

Other new data views on CDC's website include county-specific summaries (under “Your Community” in Data Tracker), vaccination trends (under “Your Community” in Data Tracker), and information on SARS-CoV-2 variants.