PLEASE HELP! CONSERVE SUPPLY OF N95 RESPIRATORS

1. APPLY AN N95 RESPIRATOR WHEN INDICATED

   Use a pair of clean gloves when donning a used N95 and performing a user seal check. Discard the gloves only after any adjustments are made to ensure a good face seal.

2. PLACE SURGICAL/PROCEDURAL MASK OVER N95 RESPIRATOR

   Wear new gloves when applying mask. Do not make adjustments or touch your face during patient care.

3. DISCARD N95 RESPIRATOR AFTER 5 DONNINGS OR IF CONTAMINATED*

   STORE IN A NEW BREATHABLE PAPER BAG OR ENVELOPE FOR RE-USE.

   WRITE YOUR NAME ON THE BAG.

   USE ONLY CLEAN GLOVES TO TAKE OFF THE N95 AFTER USE.

4. WASH YOUR HANDS

   THOROUGHLY

   With soap and water for 20 seconds.

*See other side for CDC RE-USE Guidelines. Remember, these are guidelines for the best interest of yourself and patients.
CDC & NIOSH RECOMMENDED RE-USE GUIDELINES FOR N95 MASKS

TAKE THE FOLLOWING STEPS TO REDUCE CONTACT TRANSMISSION:

- **Discard N95 respirators following use during aerosol generating procedures.** (Intubation, extubation, CPR, BiPAP/CPAP, airway suctioning, high-flow oxygen, aerosolizing or nebulizing medications)
- **Discard N95 respirators contaminated with blood, respiratory or nasal secretions, or other bodily fluids from patients.**
- **Discard N95 respirators following close contact with any patient co-infected with an infectious disease requiring contact precautions.**
- **Use a cleanable face shield (preferred) or a surgical mask over an N95 respirator and/or other steps (e.g., masking patients, use of engineering controls), when feasible to reduce surface contamination of the respirator.**
- **Hang used respirators in a designated storage area or keep them in a clean, breathable container such as a paper bag between uses.** To minimize potential cross-contamination, store respirators so that they do not touch each other and the person using the respirator is clearly identified. Storage containers should be disposed of or cleaned regularly.
- **Clean hands with soap and water or an alcohol-based hand sanitizer before and after touching or adjusting the respirator (if necessary for comfort or to maintain fit).**
- **Avoid touching the inside of the respirator. If inadvertent contact is made with the inside of the respirator, perform hand hygiene as described above.**
- **Use a pair of clean (non-sterile) gloves when donning a used N95 respirator and performing a user seal check.** Discard gloves after the N95 respirator is donned and any adjustments are made to ensure the respirator is sitting comfortably on your face with a good seal.

There is no way of determining the maximum possible number of safe reuses for an N95 respirator as a generic number to be applied in all cases. Safe N95 reuse is affected by a number of variables that impact respirator function and contamination over time. However, manufacturers of N95 respirators may have specific guidance regarding reuse of their product. The recommendations below are designed to provide practical advice so that N95 respirators are discarded before they become a significant risk for contact transmission or their functionality is reduced.

Reference:
HTTP://WWW.CDC.GOV/NIOSH/TOPICS/HCWCONTROLS/RECOMMENDEDGUIDANCEEXTUSE.HTML